

# Your Upcoming Visit to Liberty Endoscopy Center

#### Planning your visit

Prior to the date of your procedure your physician will call you to discuss the procedure and answer any questions you may have. In addition, a member of our nursing staff will call to obtain information regarding your medical history, medications you are currently taking and review your prep instructions. **Only patients will be admitted to the Facility.** You will be required to have someone pick you up after the procedure and sign you out. Please be prepared to provide the name and cell phone of your escort to the Nurse during your pre-procedure interview. Our staff will keep your escort informed of your progress and bring you up to the lobby after you are discharged.

#### On Your Arrival

Liberty Endoscopy Center takes your health and safety as seriously as you do and has instituted policies to help ensure minimal exposure to others during your time with us. When you arrive in our lobby vestibule as you enter the first set of doors, one of our staff members wearing a mask will greet you. All of our staff throughout the facility will be wearing masks. You will be asked to remove your own mask if you are wearing one and will be given a new one to wear. Our staff will then take your temperature and ask you a series of questions about your current health, recent travel, and possible exposure to anyone with COVID19. Your escort should not accompany you to your procedure as they will not be allowed into the endoscopy unit to avoid exposure and maintain appropriate social distancing.

# Registration

Our waiting room has been transformed to ensure everyone is at a comfortable and appropriate distance apart. Our registration staff will ask you to sign in, collect your insurance information, and collect any payments due at the time of service. Any insurance and identification cards we request will be returned to you sanitized and with a glove. Any pens or devices used for signature is sanitized prior to and following use. The entire registration area is disinfected at regular intervals throughout the day for your health and safety.

## **Before Your Procedure**

Following registration, you will be accompanied by one of our nurses to a private bay where you will remove your clothing and change into a gown. Your nurse will take a brief history and proceed to take your vital signs and insert an intravenous line in preparation for your exam. Your anesthesiologist will speak to you about your health issues, previous experience with anesthesia, and answer any questions you might have. Your gastroenterologist will also be speaking with you prior to entering the exam room. Please bring a list of your medications and dosages to your appointment.

### **Your Procedure**

When you arrive in your procedure room, you will be given oxygen with nasal prongs or possibly a mask. In addition, you will be having your oxygen level, blood pressure, and heart rate monitored with a series of devices that will be attached prior to beginning the procedure. Before an upper endoscopy, a plastic mouthpiece will be inserted between your teeth. All medical monitoring equipment that you will come in contact with is used one time and discarded. After turning on your left side, the anesthesiologist will begin to administer the medication to sedate you.

### **After Your Procedure**

You will wake up in a private bay. The nurse will be checking on you frequently and your physician will review the results of your procedure. When you are ready to depart the center, your escort will be contacted by our staff when to arrive and one of our staff will accompany you to meet your escort. Please expect a call from one of our center's nurses following your procedure to inquire about your experience and how you are feeling. Please contact your gastroenterologist directly with any specific questions regarding what was found during your procedure.