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## UPPER ENDOSCOPY INSTRUCTIONS

**Procedure Date/Time:** \_\_\_\_\_ **Arrival Time:** \_\_\_\_\_

1. Do not eat or drink for at least 8 hours prior to your scheduled appointment
2. Arrange to have an escort pick you up approximately 1 hour after your scheduled appointment to drive or assist you home.
3. You will NOT be allowed to drive for 12 hours after the procedure.